## Code of Conduct

## Parents/guardians (and other family members)

All family/guardians of participants will:

- Teach your child to treat everyone equally and sensitively regardless of their age, disability, gender, race, ethnic origin, cultural background, sexual orientation, religious beliefs or political affiliation;
- Support all efforts to remove verbal, physical and racist abuse from basketball;
- Not force an unwilling participant to take part in basketball;
- Remember that young people are involved for their enjoyment - not yours;
- Encourage all to play by the rules and respect the match officials;
- Never ridicule or shout at a participant for making a mistake or losing a game;
- Teach that effort and teamwork are as important as victory, so that the result of each game is accepted without undue disappointment;
- Remember that young people and vulnerable adults learn best by example;
- Refrain from publicly questioning the judgement or honesty of match officials;
- Recognise the value and importance of volunteers in basketball. They give their time, energy and resources to provide recreational activities for others.


## Adults to young people:

- Be aware of how your language and behaviour may have an effect and ensure you do not use foul language, humiliate or bully any young person;
- Make sure you are fully aware of and follow the latest guidance on working with young people;
- Treat everyone with respect and dignity, recognising the additional needs or disadvantages of those with disabilities or from minority backgrounds;
- Set a good example as young people will learn from you;
- Make sure disciplinary actions are non-violent/humiliating and use rewards, praise and acknowledgment to reinforce good behaviour;
- Listen and act if a young person tells you they're being bullied or abused.


## Young people to each other should:

- Never bully, spread rumours or tell lies about other young people;
- Welcome and include new players whatever their background or ability;
- Control your emotions - verbal or physical abuse is not acceptable at any time;
- Don't show off or try to humiliate other players;
- Don't ridicule or blame team mates who make mistakes;
- Make sure you tell your coach/parents if another young person confides in you and you think they need help.


## All affiliated players agree to:

- Treat everyone equally and sensitively regardless of age, disability, gender, race, ethnic origin, cultural background, sexual orientation, religious beliefs or political affiliation;
- Treat your team-mates and opponents, coaches, club officials and match officials with respect and consideration at all times - treat them as you would like to be treated;
- Not use foul, sexist, racist language or offensive gestures at any time;
- Know and abide by the rules and spirit of the game;
- Avoid violence and rough play and help injured opponents;
- Accept the decisions of the match officials without question or complaint (let your captain or coach ask the necessary questions) and avoid words or actions which may mislead a Match Official;
- Abide by the instructions of the coach and club officials, provided they do not contradict the spirit of this Code of Ethics and Conduct or the rules of basketball;
- Not attempt to improve individual performance with the use of banned substances/techniques;
- Condemn the use of recreation and performance enhancing drugs and abide by all anti-doping requirements;
- Give maximum effort and strive for the best possible performance through the whole game, even if it is considered already over;
- Learn to accept victory and defeat with humility and dignity and without excessive emotional displays;
- Work equally hard for yourself and your team - your team's performance will benefit and so will your own;
- Be a good sport, applaud all good performance, whether by your team or by the opponent;
- At the end of play applaud and thank your opponents and the match officials.

